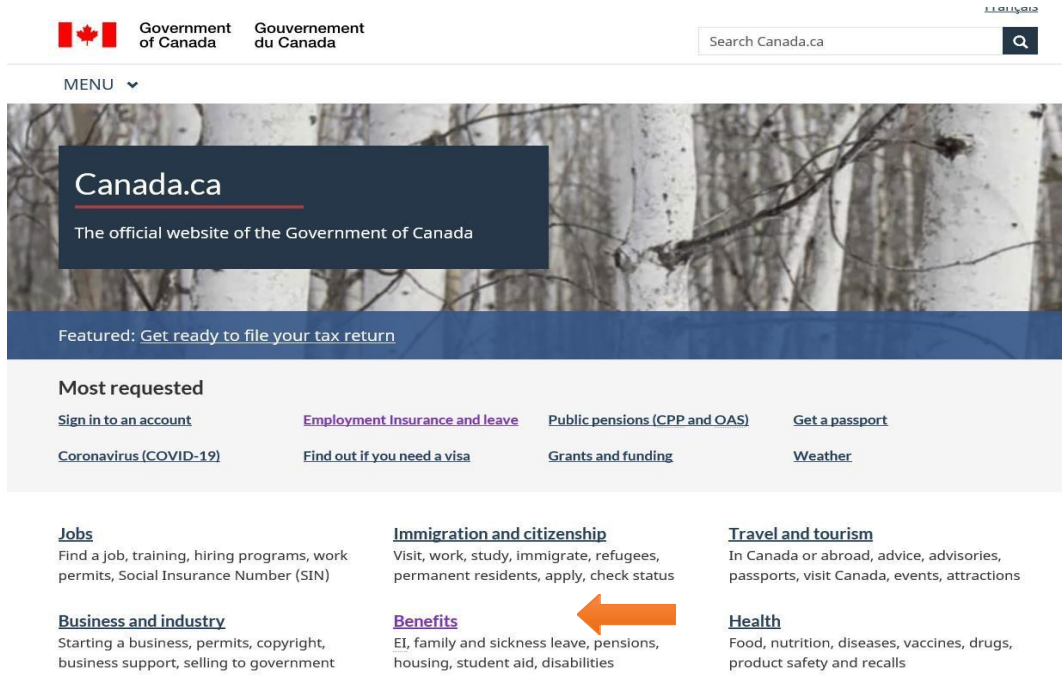


STEP 1

- Go to: <https://www.canada.ca/en.html> and then click on 'Benefits'



STEP 2

- Click on Employment Insurance

Benefits

Includes Employment Insurance, pensions and benefits for housing, education, training, family and people with disabilities.



Services and information

Employment Insurance

Employment Insurance (EI) includes temporary benefits for workers, sickness, fishing and family-related benefits as well as how to apply online and submit a report.



Family benefits

Benefits to help your family with the costs of raising children, maternity and parental leave, compassionate care plus calculators to estimate benefit amounts to which you may be entitled.

Most requested

- [Apply for Employment Insurance](#)
- [Apply for student loans and grants](#)
- [Sign in to a Government of Canada online account](#)
- [Sign up for direct deposit](#)
- [Submit your EI report](#)

STEP 3

- Click on Regular Benefits
- If quarantine is required Click on “Sickness benefits”

Employment Insurance benefits and leave

Employment Insurance benefits and leave information for workers, families, fishers and sickness, as well as how to apply and submit a report.



Please read our latest notices:

- [March 2020 – Coronavirus disease \(COVID-19\)](#)

Services and information

[Regular benefits](#)

Apply for benefits if you have lost your job through no fault of your own.

[Maternity and parental benefits](#)

Apply if you’re pregnant, have recently given birth, are adopting a child or are caring for a newborn.

[Sickness benefits](#)

Apply if you are unable to work due to illness, injury or quarantine.

[Caregiving benefits and leave](#)

Apply if you are providing care or support to a critically ill or injured person or someone needing end-of-life care.

Most requested

- [Send your EI report by internet](#)
- [View current or past claim](#)
- [Sign up for direct deposit](#)
- [Employment Insurance Tax Slips \(T4Es\)](#)
- [Change your address](#)
- [Consult the Benefits finder](#)
- [Employment Insurance forms](#)

STEP 4

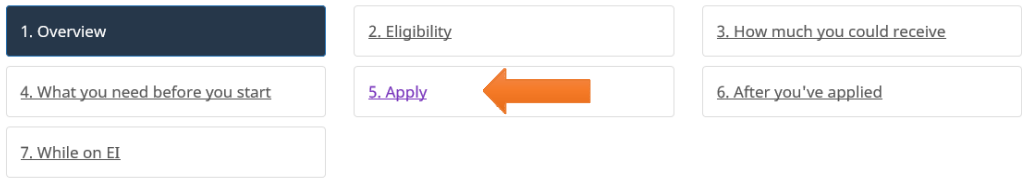
- Click on Apply

EI Regular Benefits - Overview

From: [Employment and Social Development Canada](#)

Please read our latest notices:

- [August 2018 – Additional support for seasonal workers](#)
- [June 2018 – Steel and aluminum tariffs](#)
- [June 2018 – Softwood lumber](#)



STEP 5

1. Click on ready to start – Bottom of page
2. Read the Privacy Notice statement
3. Scroll to bottom and click on Start the application

Apply now

By starting this application, you consent to the terms of the above privacy notice statement.

Start application



4. Navigate through the system and enter all necessary information. Once you get to the bottom of the page click NO

Reference Code

Answers to fields and questions with an asterisk (*) are mandatory.

* Are you part of a group of employees in an **Apprenticeship** program, a **Work-sharing** program, a **group layoff** situation (including layoffs due to a natural disaster), or the **automotive** industry **AND** were you given a reference code to submit with this application? ⓘ

Yes

No



Previous

Continue

STEP 6

- Continue with the application. Speak with your employer about completing your Record of Employment (ROE) and having it uploaded directly into Service Canada's website. Upon completion of your ROE, a copy could also be emailed to you at that time.
- You should not be physically responsible to bring a copy of the ROE into Service Canada during the COVIC-19 pandemic.
- If you do not have your Earnings and Hours Worked during the application process, you can save your application and enter this information once you receive your ROE.